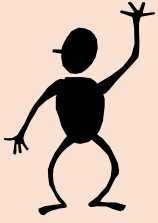


# BLUE MOUNTAINS ABORIGINAL CULTURE & RESOURCE CENTRE



## BLACK-MAIL

May

2017



Operating hours: Mon to Thurs: 9am-5pm & Friday: 9am-12noon

ACRC PH: 4782 6569, Email: [admin@acrc.org.au](mailto:admin@acrc.org.au)

### **Managers Message.**

Welcome to the start of May, firstly I would like to wish and ask for each one of you to wish our trusty elders support worker a speedy recovery from her illness that she has had to deal with for many months now. If all goes well for Annette she will be back at work by mid-July.

Jade will still be filling in for Annette for the next three months in Annette's absence, so Jade I say "thank you for once again stepping in for Annette and helping the community elders program". In other news Robert Moyle

will be taking over as the transport coordinator role by mid-May, so Robert we wish you good luck with the extra responsibilities. Changes to ACRC's funding is still occurring with new TEI reforms taking place as we speak. The TEI reforms are Targeted Early Intervention for Aboriginal children, Aboriginal young families, and vulnerable Aboriginal people. What these changes are going to look like once they are reclassified in the next couple of months I don't know, but I can tell you that I am attending many meetings so that we can be in the best possible place to make sure that Aboriginal people are represented and that ACRC can have every chance of receiving funding so that we can continue to help the Blue Mountains Aboriginal community. Wellington AMS now have a contact toll free number (1800 875 173) for those wishing to access the H4L program. From all reports the Mt Druitt AMS is going well and plans for a new AMS in Penrith is well in the planning process, so a big thankyou to Darren ah-See, Jamie Mathews and all the team from Wellington and Mt Druitt for all your efforts and hard work. For the community health and wellbeing I wish you all the best, for if you don't succeed our community will be left without another culturally safe service, which no-one wants. So once more, the best of luck Daren to you and your team. I wish everyone a good month and until next time take care and treat each other well, as you never know when you may need help and who will be there to help you, nor may we every know what others are facing in their daily lives.

### **Fresh food program**

Winmalee Neighbourhood Centre  
With the support of SecondBite can provide  
Fresh Vegetables, Bread and Fruit.  
PH: 4754 4050

Also ACRC has some food available on  
Monday between 10 and 11. Let us know if  
you need a notification for when the food  
arrives.

*Wayne Cornish*



## Our Languages Matter

2-9 JULY 2017

This year's NAIDOC theme is 'Our Languages Matter' aims to emphasise and celebrate the unique and essential role that Indigenous languages play in cultural identity, linking people to their land and water and in the transmission of Aboriginal and Torres Strait Islander history, spirituality and rites, through story and song.

<http://www.naidoc.org.au/2017-national-naidoc-theme>

### Art Expo NAIDOC 2017.

The NAIDOC Art Exhibition will start on the 14<sup>th</sup> of July at the Old Library. If you would like to submit to this year's NAIDOC Art Expo you can get entry forms from ACRC or Brad Moore.

For all enquiries contact Brad or Wayne

Brad: 02 4780 5560  
[bmoore@bmcc.nsw.gov.au](mailto:bmoore@bmcc.nsw.gov.au)

Wayne: 02 4782 6569  
[manager@acrc.org.au](mailto:manager@acrc.org.au)

## NAIDOC COMMITTEES

It is time to start planning this year's NAIDOC events. If you would like to be involved in planning for the NAIDOC Ball please contact

Wayne Cornish

[manager@acrc.org.au](mailto:manager@acrc.org.au)

or 4782 6569

The first NAIDOC awards committee meeting will be held on 22 May 10AM at ACRC

**We are also calling out for two community members to join the NAIDOC Awards Committee.**

### NAIDOC AWARDS

NAIDOC awards nomination forms are included with this Black-Mail.

Who has inspired you this year?  
Who has contributed to our community?

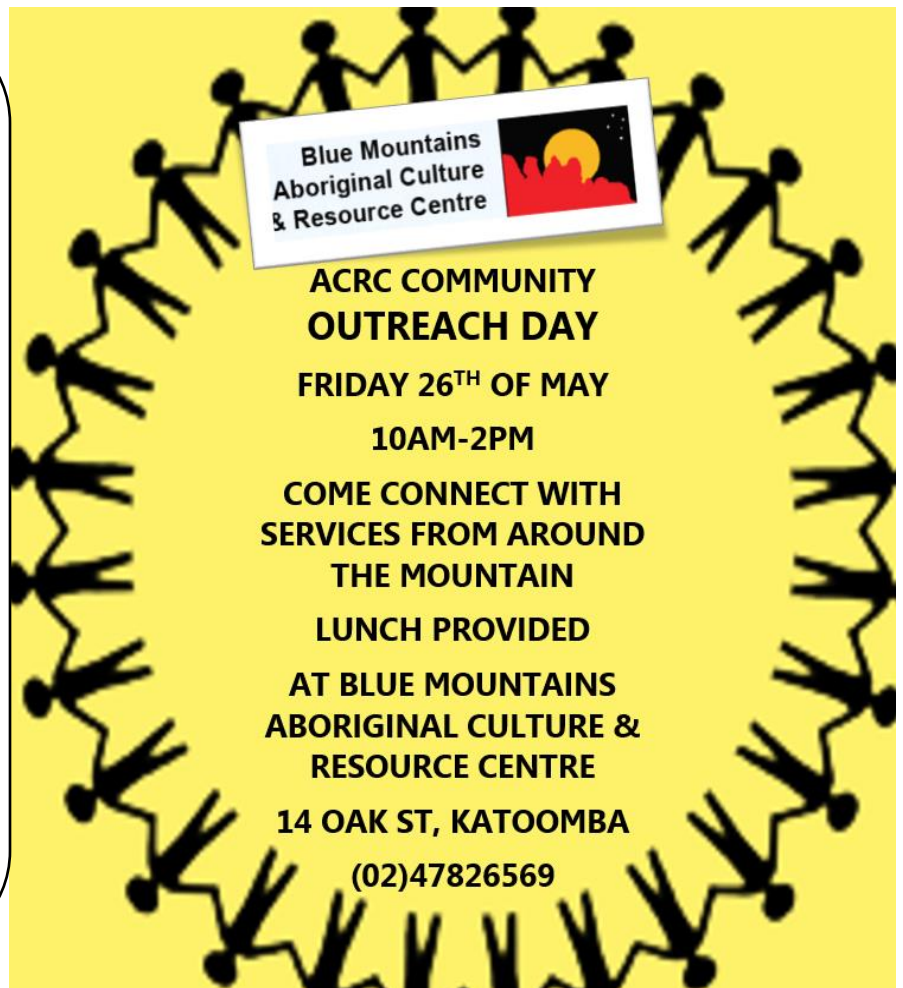
Have your say and nominate someone.

Rain  
Elly Begg

**Rain pitter patter  
Against the glass windowpane  
Pacifies my soul**

Hi all, I hope are keeping warm as Autumn is definitely upon us. Annette is on her healing journey and we are all sending her love for her better wellbeing.

If you need your care plan updated or if any circumstances have changed and you would like support please call in for a yarn. We are also looking to have a staff member from Wellington Area Health Services attend some of our lunches and morning teas.  
~Jade



### **Expressions of interest – need 8 minimum to run the course**

#### **Learner driver program**

- The course is flexible in its delivery generally 6 short days.
- If learners attend and complete the course they will be able to re-sit the learner test if they fail for free – over a 3 month period.
- Limited to Aboriginal people or non-Aboriginal with disabilities.

#### **Remote area first aid**

- This course is for people who may be required to prepare for and provide a first aid response in locations beyond the reach of timely medical assistance.
- You will learn how to respond in a remote emergency situation, apply appropriate first aid procedures, manage the incident and evaluate your own performance.

#### **Chainsaw course**

- Learn to operate and maintain a chainsaw.

Contact ACRC to register your interest. 02 4782 6569

These TAFE courses are free & can help reduce existing fines for people receiving Centrelink benefits.



# *Elders Olympics 2017*

The Elders Olympic team ventured out to Lake Macquarie to take on the other teams unfortunately we didn't win, but we got one up on last year.

Inverell got the better of us so a congratulations to them. So the team will be heading to Inverell next year.

The Team did extremely well in the bean bag throw scoring 167 and didn't do too bad in the Quoits either. They had an absolute blast throwing the footy through the hole and shooting hoops.



And a shout out to Aunty Elly who was asked to walk in front of the banner opening with her clap sticks.



Photos are available for sale please contact ACRC (Robert) for more details.

## Seeking Drivers

ACRC is seeking drivers in order to ensure we have the capacity to provide our Transport program.

Must be fully licenced.

Send your resume to [manager@acrc.org.au](mailto:manager@acrc.org.au) or contact Wayne 4782 6569

## ACRC Women's Group

May 19<sup>th</sup> at ACRC

Time: 9:30am to 11:30am

Transport and childcare available

## Yellomundee Firesticks Needs You!

Yellomundee firesticks are calling out for participants to take part in the next firesticks cultural burning program at Shaw's Creek Yarramundi.

Come and learn about culture and participate in a tradition that has taken place for thousands of years, or perhaps share what you already know.

Take part in what is called firesticks (a cool burn), the traditional way of burning and promoting growth. All are welcome.

Please get in contact if you would like to be a part of this process and for catering purposes.

Paul Glass: 4720 6202, 0400 938 545.  
[paul.glass@environment.nsw.gov.au](mailto:paul.glass@environment.nsw.gov.au)

## Yarning Circle

For Aboriginal workers to get together to network and talk over problems.

Last Monday of every month.  
12:30 Blaxland Neighbourhood Centre.

Call Auntie Bev Eaton,  
Ph: 04 1478 4290



Blue Mountains Computers offers all our customers the best possible solution to almost all your computer needs. We have very competitive prices and we can also come to you.

Mention this ad and receive 10% off your labour fees.

Ph: 4781 7111

## *Aboriginal cultural burning*

**Wednesday 24<sup>th</sup> and Thursday 25<sup>th</sup> of May, 10AM -3PM**

One day will be at the Fire Museum where you learn about fire safety and protocols. The second day will be out in the field for a demonstration.

If interested contact Den Barber 4724 2142 as soon as possible or if you are going with the Elders group contact Jade





## Camphor Laurel – noxious weed *Cinnamomum camphora*

Large evergreen tree up to 20m with grey/brown bark with deep vertical cracks; poisonous. Leaves are light green and glossy with wavy edges and yellow veins. Twigs are often red. Flowers in spring with small white flowers and fruit ripens in autumn/early winter, (small black berries). Seed is spread from birds and possums after they ingest the fruit. Camphor Laurel invades bushland displacing natives and creates a dense shade. Camphor Laurel is difficult to control and should be treated with tree injections. Small seedlings can be hand-pulled, saplings can be treated by stripping and painting with herbicide. If removing from steep slopes or waterways please seek advice from the Blue Mountains City Council.

Photos and information: Blue Mountains City Council

**ACRC Koori Playgroup**

Welcomes Dads to join our playgroup  
on Mondays starting at  
11am to 1pm  
during school terms  
10 Station Street, Katoomba

For more info please call Raylee on 02 4782 6569

**WELCOME**