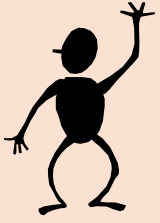


# BLUE MOUNTAINS ABORIGINAL CULTURE & RESOURCE CENTRE



## BLACK-MAIL

March

2017



Operating hours: Mon to Thurs: 9am-5pm & Friday: 9am-12noon

ACRC PH: 4782 6569, Email: [admin@acrc.org.au](mailto:admin@acrc.org.au)

### Managers Message.

Hello and welcome to the 3<sup>rd</sup> month of this year already. I would like to apologise for our phone and internet service being down and not operating to its full capacity from the period of 20<sup>th</sup> through till the 23<sup>rd</sup> of February, as I know this causes much frustration for everyone. We have fixed the issues with the phones but our internet is still sporadically unavailable. This year has been a hectic year for all staff here at ACRC as we have all been preparing for a 3<sup>rd</sup> party verification Audit, which will provide ACRC with the right credentials to work with community members who qualify under the new NDIS scheme. I am glad to say that we ACRC passed the 3<sup>rd</sup> party verification audit, so a big thank you to all the staff and our board members who all helped me get through this exhausting process. The next step for ACRC is to become a registered NDIS provider, which we aim to complete by the end of next month, this way we can start to tailor and provide service to our clients who sit under the NDIS banner. I would like to take this opportunity to wish Annette a speedy recovery while she is off on sick leave for the next six weeks and we look forward to having you back here on board again to join us for the elders Olympics. I would like to thank the community once again for all the support that you give to ACRC, for without you ACRC would not exist, so thank you. Until next month please look after yourself, your family and your friends.

Yours sincerely

*Wayne Cornish*



### Repurposed food drop-off

At ACRC each Monday. Allocation of food will be first come first served. The food arrives between 10AM-11AM. Food will only be available for pickup at ACRC.

Please contact the office on Monday mornings to arrange an alert for when the food arrives, or come in early and have a cuppa. (Transport is unavailable)

ACRC these days is always busy, we are regularly holding events or complying with reporting to retain our funding. Over time the little things that are a low priority add up, as we are pulled in every direction and those little things just never get done.

So **Thank You** Auntie Bev for helping us out, it really is appreciated.



*Annette will be absent during March*

I will be away from 28/02/17 till 03/04/17 due to going into surgery. Jade will be filling in for me whilst I'm away. All elders activities will still run as normal according to the elders calendar in this Blackmail.

Jade will be filling in with the Elders Olympics meetings and training, all dates have been finalised. Team is closed and finalised with 12 participants. You can still apply to be a reserve if someone can't make it.

I wish everyone the best whilst I'm away and look forward to seeing everyone again in April.

Kind regards,  
Annette lavender



Get well  
soon!

Little Red Head  
Teekee

**Oh! Little Red Head**  
**Your bopping head up and down**  
**Evil glints in your eyes**  
**For Lamb mounted bench so high**  
**Caught, red handed. Dash! No prize!**

**Oh! Little Red Head**  
**Your bopping head not again**  
**Evil is your aim.**  
**To grab that lamb so high**  
**Mad dash to the door, you won!**

**Oh! Little Red Head**  
**Bop your head again for me**  
**Evil glints my eyes**  
**'Lamb' wait baited breath so high**  
**Alas! Red-headed, All Gone!**

This is March's poem in the Sassy Sistas Poetry Calendar 2017. Price \$12. Please support our local Elder's and buy one of their beautiful calendars. Contact Beverly Eaton: 04 1478 4290

---

# 2017 Seniors Festival

---

ACRC can provide transport to the following events.

Thursday 9 March, 10am-noon

Morning Tea

Mid Mountains Neighbourhood  
Centre

Bookings: Ph 4759 2592

Friday 10 March, 10am-2:30pm

Bus trip to Elizabeth Farm Historic  
Homestead and Garden.

Springwood Neighbourhood Centre

Bookings: Ph 4751 3033

Wednesday 22 March, 10:30 am

Movie "Hidden Figures"

Winmalee Neighbourhood Centre

Bookings: Ph 4754 4050

**Friday 31 March, Noon**

**Aboriginal Elders Lunch**

Blue Mountains Hub, Springwood

Bookings: Ph 4782 6569

Film 'Charles Country' after lunch

## **Expressions of interest – need 8 minimum to run the course**

### **Learner driver program**

- The course is flexible in its delivery generally 6 short days.
- If learners attend and complete the course they will be able to re-sit the learner test if they fail for free – over a 3 month period.
- Limited to Aboriginal people or non-Aboriginal with disabilities.

### **Remote area first aid**

- This course is for people who may be required to prepare for and provide a first aid response in locations beyond the reach of timely medical assistance.
- You will learn how to respond in a remote emergency situation, apply appropriate first aid procedures, manage the incident and evaluate your own performance.

### **Chainsaw course**

- Learn to operate and maintain a chainsaw.

Contact ACRC to register your interest. 02 4782 6569

These TAFE courses are free & can help reduce existing fines for people receiving Centrelink benefits.



**Leanne Tobin**  
**ACRC Door mural**

This warrior is shown protecting family. In the background the seven sisters signify ACRC's location. Behind the warrior the linking of the concentric circles represent the various clan and tribes all coming together and supporting each other.

ACRC thanks Leanne Tobin for the wonderful mural and appreciates the significance of the symbolism used.

**OLD YET UNTOLD**  
The hidden stories of this place

**Leanne Tobin**

*9 March - 2 April 2017*

Braemar Gallery and the artist warmly invite you to the launch, to be opened by **Jacinta Tobin**, Darug singer & songwriter.

**Sunday 12 March, 2pm - 4pm**



Braemar House and Gallery, 104 Macquarie Road, Springwood  
Thursday - Sunday 10am-4pm, email: braemargallery@gmail.com

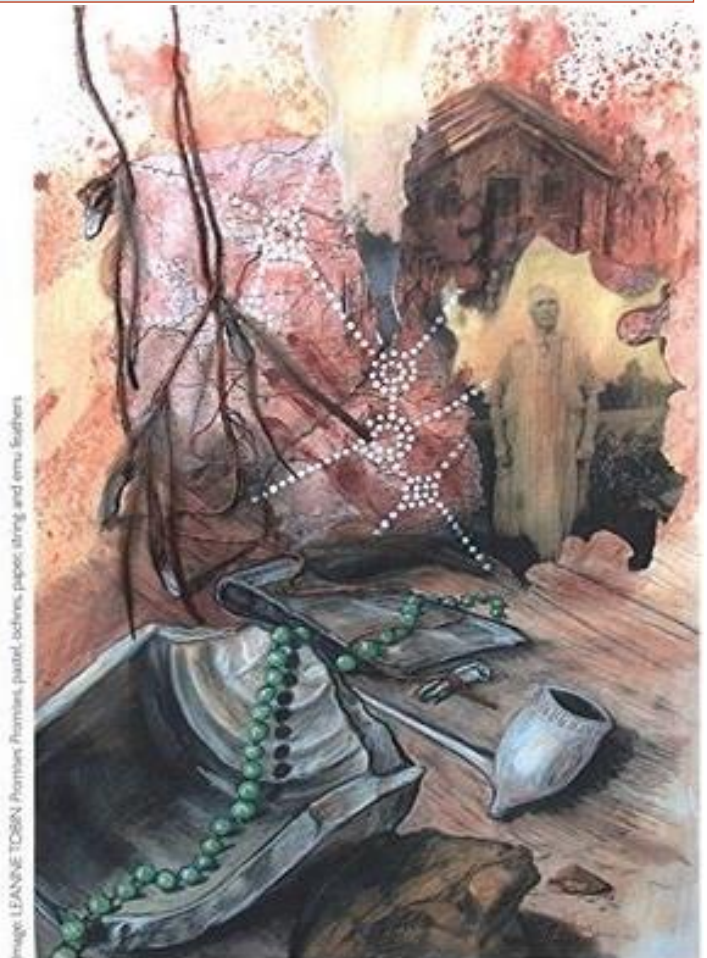


Image: LEANNE TOBIN. Promises, promises, paper, string and emu feathers

---

## ACRC Women's Group

---

24<sup>th</sup> March 2017

Time: 9:30am to 11:30am

Location: ACRC

RSVP: Tuesday 21<sup>st</sup> March 2017

Transport available when you book



### Centrelink Debt???

There is support for gaining more information,  
Centrelink Debt Recovery phone  
numbers: 1800 076 072, 1800 138 193 or 1800 462 425.

Find local service to help with more info:

[www.welfarerights.org.au](http://www.welfarerights.org.au).

Or drop into ACRC for a fact sheet and support

### Free Fire Wood

ACRC has a small amount of  
firewood from the chainsaw  
course we ran.

First come, first served.

## Yarning Circle

For Aboriginal workers to get  
together to network and talk  
over problems.

Last Monday of every month.  
12:30 Blaxland Neighbourhood  
Centre.

Call Auntie Bev Eaton,  
Ph: 04 1478 4290

## Stepping on

Every Wednesday until April 12

Katoomba Neighbourhood Centre

9:30 -11:30

**Free**

- Exercise for the elderly
- Help build muscle
- Help with balance

Contact Auntie Bev Eaton

Ph: 04 1478 4290

Transport available through ACRC

## ACRC Koori Playgroup

Our Koori Playgroup is free and  
open to all Aboriginal Children  
0-5.

Contact: Raylee on 4782 6569



## Small Leaf Privet - Ligustum sinense

Small Leaf Privet is seeding now (January to March). Seeds are very numerous, black, small raisin like. Seed should be taken off the tree to prevent seeds being spread by birds. Though this can be laborious as they are numerous.

Very small seedlings can be sprayed with diluted roundup (Glyphosate).

Saplings up to 2 cm diameter as ground level can be cut by secateurs and painted with undiluted roundup. Cut as close to the ground as possible.

Larger plants you can use loppers or a bush saw, for very large trunks a chain saw may be required.

Poison should be applied within 30 seconds of cutting.

If poison is not desirable, seedlings are easier to pull out after rain when soil is quite wet.



Photos  
BMCC



**Blue Mountains Computers offers all our customers the best possible solution to almost all your computer needs. We have very competitive prices and we can also come to you. We have been servicing the Blue Mountains area since 2010 and we have built a very good reputation amongst our customers. Mention this ad and receive 10% off your labour fees.**

## CAN YOU EVACUATE?

Although the fire season is winding down we did experience weather this year that could have had catastrophic implications.

### Can you evacuate if a major fire was to occur?

If you cannot let us know. In the event of an emergency we can provide the contact details of those vulnerable to emergency services to assist. But we need your permission to provide your details to other organisations like the fire brigades and emergency response teams.

## **Blackmail contributions**

**If you have anything you want to contribute to the Blackmail such as upcoming events or activities, notices or maybe even some art to sell, please email [admin@acrc.org.au](mailto:admin@acrc.org.au) or call ACRC on 4782 6569 and talk to Robert. The Blackmail is for our community, to help us keep in touch and informed.**