

BLACKMAIL

Blue Mountains Aboriginal Culture & Resource Centre
39 Whitton Street, Katoomba (02) 4782 6569

Message from the Board and Management

Welcome to Spring! We hope you are all staying safe and well! It's lovely to see such wonderful colours and warmer weather.

We are settling in well to our new building at Whitton Street, Katoomba. The space is coming together slowly but surely. We have a lot of positive changes happening within the building. Muru Mittigar Nursery have generously donated their time and some bush tucker plants for our garden space out the front. This will make our front entrance more inviting and welcoming. A special thank you to Wayne Cornish from Muru Mittigar for raising our ACRC flag. This will help the community identify where we are located. Community members are welcome to pop into the office for a cuppa and a yarn at anytime!

NOTICE OF ANNUAL GENERAL MEETING

ACRC wish to advise you of our upcoming Annual General Meeting at Blue Mountains Aboriginal Cultural and Resource Centre. Location and details will be finalised and distributed to members 1 month prior to the meeting.

We will be looking for new Board members to join us. Board members are responsible for ensuring an organisation runs effectively and meets its goals. To do this, they provide strategic direction, make key decisions, and oversee the organisation's financial health. If this sounds like you, please contact our office prior to the AGM for a Board Information Pack!

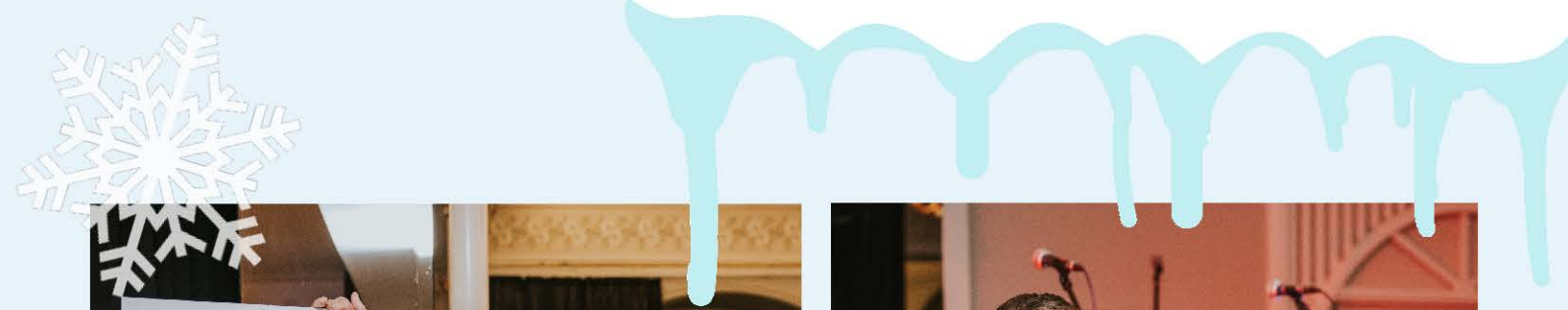
**SAVE THE
DATE:**

ACRC's AGM
NOVEMBER
2023

Location and
details to be
finalised!







Transport

CONTRIBUTIONS

BMACRC's Transport Program requires client contributions for the use of this service. These contributions comply with our contract with Transport NSW who provide the funding to allow us to provide this valuable program to give our community greater access to services.

West Zone	Central Zone	East Zone	Outer Zone
Extending from the Central Zone to Mt Victoria	Medlow Bath to Wentworth Falls	Extending from the Central Zone to Springwood	Hawkesbury Rd, Springwood to Winmalee & Nepean Hospital

FEES

Fees are charged for each trip and apply to each adult travelling on the trip.

A "trip" is a one-way drive from one location to another. Being collected from your home and taken to your destination and then returned home again, will have completed two trips. Any extra stops required are additional trips and fees are calculated based on the zones travelled.

The area serviced by BMACRC is divided into four zones and fees are calculated for each trip based on these zones:

1. A trip within a single zone = \$3.00
2. A trip crossing from one zone to another = \$6.00
3. A trip covering three zones = \$9.00
4. A trip covering all four zones = \$12.00

Example: A client is picked up from their home in Katoomba and driven to their GP in Hazelbrook – This is one trip crossing into a new zone, so costs \$6.00.

On the return drive they need to stop at the chemist in Katoomba – This trip is also \$6.00.

Lastly, they are driven home from the chemist – This trip is within a single zone, so is only \$3.00. The entire journey for this client included three trips with a total fee of 15.00.

BOOKINGS

Bookings should be made at least 48 hours ahead of time where possible and can be made by phone on 02 4782 6569, then press 1 for Transport.

If your call is not answered, leave a message with the following details:

- Your name & phone number
- Date of journey
- Where you are going (address and/or business name)
- What time you need to be there
- What time you need to return home
- Any additional stops required
- Any child seats needed
- Any additional passengers travelling with you

We will call you back to confirm your booking as soon as possible.

Transport fees are paid to the driver and correct change is greatly appreciated. If you require EFTPOS, please request this when making your booking.

CANCELLATIONS AND NO SHOWS

Cancellations should be made at least 48 hours ahead of time where possible and can be made by phone on 02 4782 6569, then press 1 for Transport.

- Cancellations and amendments can be made up until 12pm of the working day preceding the booking without charge.
- Cancellations made between 12pm & 4pm of the working day preceding the booking will be charged for the first trip of the booking.
- Cancellations made later than this time and no-shows will be charged for the full amount of the booking.
- BMACRC reserves the right to deny services to clients that regularly cancel or fail to show up for bookings.
- BMACRC reserves the right to cancel bookings if necessary. Eg: during hazardous weather.
- Clients will be notified as soon as possible if their booking has been cancelled.

Trips outside of these zones are only considered on a case-by-case basis. Any cancellation fees will be added to the total of your next booking if not already paid.

Community Programs - Family and Youth

Hello Community,

Since our last Blackmail edition, I have left and come back from Maternity leave. I am beyond happy to be back and very excited for the next couple of months left of 2023!

Recently we have been a part of a Smoking and Vaping prevention information session with NSW Health, Nepean and Blue Mountains Local Health District. This information session was for young people and young families to learn about the dangers of smoking and vaping.

We have also been very busy at our Girls Group with Gateway Family Services, from learning about native plants and Australian animals to painting their own bags.

Koori Paygroup has unfortunately been on a temporary hold but will be returning the start of Term 4 - Koori Playgroup planner is provided below.

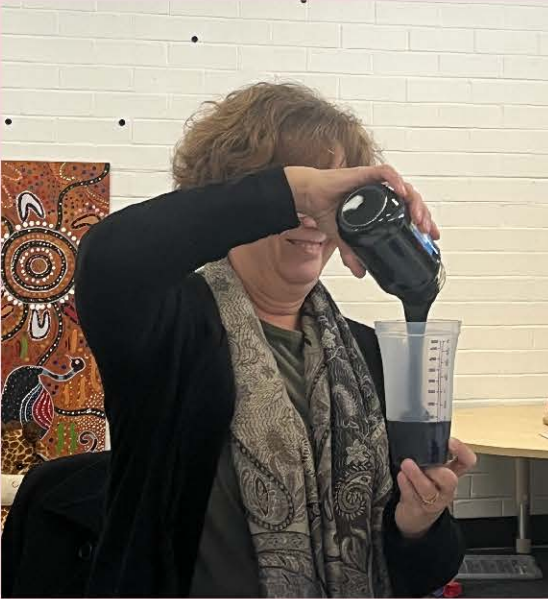
The Blue Mountains City Council have made a perfect way for families in the Blue Mountains to keep busy during the school holidays with the 'Stronger Families Alliance Calendar'. to visit this calendar, visit the strongerfamilies.net.au/event-calendar website for this school holidays.

Talking about the school holidays... Please see below a partnered Family Fun Day happening on the 5th of October!

Also, Family and Youth Support have a new email - familyandyouth@acrc.org.au - please feel free to contact me for any support or future events!

Trish - Family and Youth Support.

Smoking and Vaping Prevention Information Session with NSW Health



'Our Place' Girls Group



Also, a big Thank you to Belong and Mootang
Tarimi for our 2023 Eye Health Day!





Koori Playgroup

16/10/2023

Welcome Back!
Playgroup at Wentworth Falls lake Park

23/10/2023

Koori Playgroup favourite book/movie
dress up day!

30/10/2023

Messy play!
puffy paint art and craft.

6/11/2023

Excursion to Gloria park!
Visit to the cave.

13/11/2023

World Kindness Day!
Art and Craft for your families.

20/11/2023

Gardening with Australian Plants and
learn about bush tucker.

27/11/2023

Elders day!
Inviting some of our special elders.

4/12/2023

Ice cream day!
Ice cream on a hot summers day.

11/12/2023

Koori Playgroup end of year party!

Message from Blue Mountains City Council

Blue Mountains City Council wishes to invite the local First Nations Community to contribute to the development of our new Destination Management Plan.

The Council welcomes all voices in understanding how to best develop and leverage the visitor economy for the benefit of Aboriginal and Torres Strait Islander people in the Blue Mountains.

Please visit https://yoursay.bmcc.nsw.gov.au/dmp_Survey closes 11th October 2023.

In region face to face sessions are planned with details to be confirmed shortly.

Please register your interest in participating by emailing Program Leader Visitor Economy Simone Novello snovello@bmcc.nsw.gov.au





Elders Events

10.00 - 1.00pm
20/9/23

Language Yarn Up
with Lunch at ACRC

10.00 - 1.00pm
11/10/23

Womens Health and Lunch (Lawson)
(Women have a separate room, men can yarn)

10.00 - 1.00pm
18/10/23

Planned Computer Workshop ACRC
Online Wellbeing (In planning)

10.00 - 1.00pm
1/11/23

Wentworth Falls Lake Morning Tea
Short walk with those willing and able

10.00 - 1.00pm
8/11/23

Mens Health and Lunch (Lawson)
(Men have a separate room, women can yarn)

10.00 - 1.00pm
22/11/23

Painting Up Christmas ACRC
Painting decorations for Christmas

10.00 - 1.00pm
06/12/23

Painting Up Christmas ACRC
Painting decorations and selling some too !

10.00 - 1.00pm
15/12/23

Christmas Celebration BBQ Lunch
Venue : ACRC

FAMILY FUN DAY

SAUSAGE SIZZLE AND FUN FOR THE
WHOLE FAMILY!

Thursday 5 October
10-1

Village Green, Bullaburra



Mountains Outreach
Community Service



Contact: 0422733224

communitydevelopment@mocs.org.au

0403817317

cferreira@belongbm.org.au

Working with Wood

(CSO1111 TAFE Statement in Education & Employment pathways)

In collaboration with the Aboriginal Cultural Resource Centre, Katoomba.

Would you like to learn how to work with Wood

To create Clap Sticks & other items made & used by
Aboriginal People

What you will learn in this program:

- Protocols used when collecting Wood from the Bush.
- Sustainable collection of wood from the bush.
- Identifying suitable native wood such as, Mulga, Gidgee, Buloke, Desert Oak & Wood from local plants.
- Safe use of wood working tools & equipment.
- Engraving, painting, burning & decorating timber.
- Timber treatments.



When: two days a week
Commencing Monday 9th &
Tuesday 10th of October

Where: Wentworth Falls
TAFE campus

Duration: 8 weeks
10am – 2pm

Cost: FEE EXEMPT

If this program interests you and would like more information please contact the Aboriginal Cultural Resource Centre, Katoomba

Roy Clifford 0448 110 246
Aboriginal Education & Engagement Coordinator
Western Sydney

RTO 90003. Terms and conditions may apply.
Information is correct at time of printing: September 2023



TAFE
NSW



6 ways to look after yourself and mob during

The Voice referendum debate

2

Use your voice

You can report race discrimination or racial vilification to the team at **Anti-Discrimination NSW**. Phone **1800 670 812**.



4

Get outdoors

Get some fresh air.
Go for a walk.
Go on Country.



6

Reach out

If you are feeling worried or no good, connect with family and community. Or phone **13YARN** on **13 92 76** and talk with an Aboriginal or Torres Strait Islander Crisis Supporter.



1

Create safe boundaries

You don't need to be an expert on The Voice. Encourage people to visit voice.gov.au to get the facts.



3

Look out for others

Have a yarn with someone who might be struggling.



5

Mute the noise

You don't have to watch every ad or read every news story. Remember you can **mute**, **unfollow** or **hide** social media posts.



Anti-Discrimination
New South Wales



Visit our website
antidiscrimination.nsw.gov.au
or phone **1800 670 812** to learn more.