



# BLACKMAIL MARCH 2018

## *Manager's Message*

*Hello and welcome to the 3rd month of the year already. As many of you are aware we are trying to bring in some changes here at ACRC this year, by doing our best to cater for all community members in the Blue Mountains to the best of our ability. This year also brings in another change, we will be renaming our programs and each program will carry dual names representing both the Darug and Gundungurra nations. We will be holding cultural afternoons once a month until the weather becomes too cold. The first cultural afternoon will take place on Thursday the 22nd of March starting at 4pm here at ACRC. On behalf of ACRC we would ask all community to come along and that if you have things you wish to share on the cultural afternoon please come along and share as no one is more important than anyone else. If you wish to attend the afternoon but don't wish to share anything that is fine as well. Please be aware that no one from ACRC are experts and we will not put ourselves across as experts as we are cultural knowledge holders, just the same as many other Aboriginal people. Please be aware that what we will speak our truth, the stories that has been told to us, no more no less. We look forward to seeing you at the cultural afternoon and other events throughout the year. If you would like to attend please let us know for catering purposes. Please find the flyer attached at the back of the newsletter.*

*I am also pleased to announce that our first Young Strong And Deadly Program in Lithgow went well, thank to the support Aunty Helen Rylie through Mingaan who done the welcome and provided a beautiful safe place for all who attended. Uncle Ralph Naden shared his cultural knowledge which was greatly appreciated by all the young ones who attended. Great Job to Amie and Alf and to Shane and Darren from GWAHS for all your help and support.*

*If you or any one you know have any suggestions on how we can better serve our community please feel free to contact me and I would be more than happy to sit down and have a yarn. I look forward to seeing you all throughout the year.*

*Yours sincerely*

*Wayne Cornish*

# ACRC PROGRAMS

## *Elders Support Service*

*Give me a call we need to catch up and have a yarn on how we can best support you together this coming year. If you are Aboriginal & 50 or over & you want some support going to the doctors or some help around the home or if there is anything else we can help you with let us know. We have lots of outings coming up in 2018. Look out for the March Elders Calendar Of Events. Happy Birthday to all those who celebrate their birthdays this month.*

*Jade Pyle*

*Elders Support Coordinator*

*[elders@acrc.org.au](mailto:elders@acrc.org.au)*

*47826569 or 0439595181*

## **FAMILY SUPPORT COORDINATOR**

Raylee is available Mondays to Thursdays between 9am – 5pm & Friday 9-12:30. Raylee support families with children between the ages of 0 -5yrs and Raylee is able to liaise with government departments and works with families to ensure they have a strong connection to community and support services. Please call Raylee if you would like to join the playgroup, need information about family support or just want to have a yarn.

## **ACRC Koori Playgroup**

Koori Playgroup is on every Monday during school terms from 11am - 1pm at the KOOSH space behind Katoomba Neighbourhood Centre.

Please come and join the fun with all of us here at playgroup

Raylee Wall Family Support Coordinator :47826569 or 0401310621

## **ELDERS OLYMPIC MEETING**

**PLACES ARE FULL AS FROM JUNE LAST YEAR. THE 2018 TEAM WILL MEET AT ACRC DATES ARE:**

- **TUES 6<sup>TH</sup> OF MARCH 11AM -12 PM (MEETING)**
- **TUES 20<sup>TH</sup> MARCH 12 NOON-2 PM (TRAINING)**

**DON'T FORGET YOUR COMFY SNEAKERS!!!!**

**MORE DATES WILL BE ORGANISED BY TEAM AT THE NEXT MEETING ☺**





## Are you an Indigenous young person living in the Blue Mountains, Hawkesbury, Penrith or Lithgow region?

Do you want to learn more about your culture and meet other Indigenous young people in your area?

The Blue Mountains Aboriginal Culture and Resource Centre (ACRC) are running cultural workshops for Indigenous youth ages 13-25 in the Blue Mountains, Lithgow, Hawkesbury and Nepean regions.

The **Young, Strong and Deadly** program aims to provide a safe space to learn, connect with our culture, and support each other.

The program includes 2 x one day workshops in each area, and ongoing mentoring and support.

**We are a Work Development Order sponsor and participating in Young Strong and Deadly could reduce your fines by up to \$1300!**

### Cultural Learning Day

The Young, Strong and Deadly youth team will be holding a Cultural Learning day in each area (Blue Mountains, Hawkesbury, Penrith, Lithgow). The day will be filled with culture including a traditional smoking ceremony, traditional dance performances, cultural talks and stories.

### Deadly Thinking

The Cultural Learning day will be followed up with a Deadly Thinking Workshop. The day provides a great opportunity to meet other people in the community, and to share stories and experiences in a safe space.

Contact Amie at ACRC for further details  
0498 030 535 or [assist@acrc.org.au](mailto:assist@acrc.org.au)

### 2018 Dates

#### Lithgow

Cultural Learning Day: 26th Feb

Deadly Thinking: 27th Feb

#### Blue Mountains

Cultural Learning Day: 12th March

Deadly Thinking: 13th March

#### Nepean

Cultural Learning Day: TBC

Deadly Thinking: TBC

#### Hawkesbury

Cultural Learning Day: TBC

Deadly Thinking: TBC



**phn**  
NEPEAN  
BLUE MOUNTAINS  
in partnership with the NSW Government

**Wentworth  
Healthcare**  
Blue Mountains | Hawkesbury | Lithgow | Penrith



Greater Western  
Aboriginal Health Service

This service has been made possible through funding provided by the Australian Government under the PHN Program.

# FIRE UP THURSDAY'S

*Cultural sharing*

Once a month  
At ACRC every 4<sup>th</sup>  
Thursday of the  
month  
Come for a Yarn  
4 pm – 7 pm  
Food & drinks  
provided  
All Welcome  
More details call  
47826569



FIRE UP DATES: 22<sup>ND</sup> OF MARCH, 26<sup>TH</sup> OF APRIL, 23<sup>RD</sup> OF MAY, 28<sup>TH</sup> OF JUNE, 27<sup>TH</sup> OF SEPTEMBER, 25<sup>TH</sup> OF OCTOBER  
& "XMAS FIRE UP" 22/11/2018 LAST FIRE UP OF 2018



## Fill My Cup

Your Invited to our  
Woman's Group meeting  
Aboriginal Culture Theme  
Ideas

16<sup>th</sup> March 2018  
9am to 12:00pm



# **Ngarra Wingarru**

**Blue Mountains Aboriginal Education Consultative Group  
(AECG)**

*invites*

**parents, grandparents and carers  
of Aboriginal school children  
to attend meetings**

Be part of the decision making processes about your child's education.

Find out what's happening:

- with government education policy and practice
- funding
- at your child's school

<b>WHEN:</b>	4pm for a 4.30 start 6pm finish Afternoon Tea provided
<b>WHERE:</b>	
Term 1	Thursday 8 March 2018 Blaxland East Public School
Term 2	Thursday 31 May 2018 Lawson Public School
Term 3	Thursday 23 August 2018 Faulconbridge Public School
Term 4	Thursday 25 October 2018 Katoomba North Public School

**For more information contact:**

Secretary: Charmaine Tully [charmaine.tully2@det.nsw.edu.au](mailto:charmaine.tully2@det.nsw.edu.au)



**BE AMBITIOUS**

**PAINTING UP COUNTRY**



**Aboriginal Cultural Art**

**COURSE DESCRIPTION:**

Reaffirm an Aboriginal presence in the Mountains by engaging our local Aboriginal community to design artworks using local and individual stories of culture, environment, flora and fauna.

**THIS COURSE ALSO PROVIDES:**

A positive learning experience that will provide access and further opportunities in education and employment.

**HOW TO GET INVOLVED:**

**Mondays 2018 @**

**10:00AM-2:30PM**

**Room DG.10**

**Blue Mountains TAFE**

**Wentworth Falls**

**COURSE SNAPSHOT**

**Location:** Blue Mountains TAFE, Wentworth Falls, Room DG.10

**Course:** TAFE Statement in Educational and Employment Pathways – CS05555-V01

**Cost:** \*Fully Government Subsidised Student training programs

**CONTACT US TODAY!**

**REGISTER YOUR INTEREST** or for more information

Phone: 4753 2039

Contact: Luanna Tobin

Email: [info@det.nsw.edu.au](mailto:info@det.nsw.edu.au)

**TAFE**

WTO 80000. The document is correct at the time of printing (1st issue 2017). Terms and conditions may apply.



## LOOKING GLASS PLANT

*Coprosma repens*

A low, spreading, evergreen shrub to small tree 8m high. Leaves are broadly oval, oppositely arranged with short stalks. Leaves are fleshy and glossy on the upper surface and paler with distinctive glands or pits underneath. Flowers are small and greenish in small clusters in the leaf axil. It flowers spring to summer. Fruit is contained in a fleshy globular drupe that matures from glossy green to orange-red.

### Alert:

There is a native *Coprosma* in the Upper Blue Mountains: currant bush or coffee-berry (*Coprosma hirtella*, which has smaller leathery leaves with dark green and rough (scabrous) upper surfaces. There are no pits on the underside surface of the leaf.

Resourced from  
<http://weedsbluemountains.org.au/weeds/watsonia-2/>



## ACRC CULTURAL EVENT

FIRE UP THURSDAYS

22<sup>ND</sup> March 4-7pm



ACRC will hold our first cultural event for 2018.

You are welcome to come along and experience some traditional stories from local custodians and hear some stories from other cultural knowledge holders.

Come sit by the fire and a cuppa and a yarn

Come and share your stories and your cultural knowledge so we can all grow culturally together.

Please RSVP by the Wednesday the 21<sup>st</sup> March for catering purposes.

[Manager@acrc.org.au](mailto:Manager@acrc.org.au) or 4782 6569

All welcome to attend

Come and watch artifacts being made.



(02) 4782 6569  
[admin@acrc.org.au](mailto:admin@acrc.org.au)  
[www.acrc.org.au](http://www.acrc.org.au)  
[facebook.com/BlueMountainsAboriginalCultureResourceCentre/](https://www.facebook.com/BlueMountainsAboriginalCultureResourceCentre/)  
Mon - Thurs 9am-5pm, Friday 9am - 12pm